

Art of Communication & Presentation

संगवारी अड्डा

HOSTED BY: SWARAJ UNIVERSITY AND ANUBHAVSHALA



About Sangvari

Sangvari Adda is a mix of two words, the former being a Chhattisgarhi which means friend, and latter Hindi, that means a hangout space for sharing and conversing. It's a thematic based program curated specifically to understand and deconstruct the elements of communication and presentation.

An experiential intervention designed to build intimate spaces for unlearning, learning, and practicing the art of communication through stories, metaphors, and local narratives.

About the Module

How do I communicate my ideas effectively?

How do I tackle conflicts?

Why is it difficult for others to understand me?

How do I make my presence effective in groups?

How can I gather the courage of sharing
what I want and what I don't?

*Most young adults and teenagers have these questions
around communication.*

*With all that is going around ever since the pandemic hit,
the reason to get closer to self, family, and others has
become more stronger.*

The Method

Dialogues & Interviews



Story telling/writing



Sangha projects



Journaling/Comic making



The Flow

Sensing the whisper- listening to communication
within and outside

Understanding Communication through designing
spaces

Exploring and weaving stories, tales, and analogies

Co-creating action plan for possible creative action

Designing different communication and
presentation prototypes

Deliverables



New connections and forming
network for collaboration



Tools and practices
for blissful communication



Personal map of
reference for working and reflecting



Meeting and working with individuals
of varied backgrounds (change makers,
activist, artist, entrepreneurs, spiritual
practitioners and more)

What's special about Sangvari Adda?

Style

It is experiential, playful, and experimental with a lot of input from the offline experience we bring while working with different stakeholders.

Team

Here are no teachers but reachers who are gifted like you all in different ways. We call them 'sanghamitra' (friend of the society). During the entire duration these friends, experts in their own fields, will make the program easy to navigate and accessible. A lot of scope for co-learning, co-creating, and co-experimenting would be there.

Flavour

Element of games, stories, writing, dance, poetry, interviews, reflection, musical jamming, design and more is what brings strong flavours into 'संगवारी अड्डा'.

About Anubhavshala

Anubhavshala is primarily a design consultancy in the field of learning and development. It is a registered sole proprietorship venture with self-sustenance as its core intention. A 'for the profit' enterprise created with an aim to serve its audience through programs based on holistic wisdom, co-creations, exchange, reflections, and prototypes. We provide integrated possibilities related to self-management and harmony through workshops and retreats, curate turnkey projects in the field of learning and exploration through festivals and gatherings, assist with hands-on support through scaffolding coaching and mentoring, and cater to customised needs through crafted module design interventions.

Our Team



Suman batra urf Simi aka Simba is the heart of the team. Her articulative words create a magical spell on every person she comes in contact with. A masters in communication studies, her love for nature and its connect with mind and body makes her a lovable soul.

She is a gifted juggler when it comes to balancing relations, family or her dreams. A yogini by heart, Simba brings a peculiar fragrance in life with her wit and sugar cube voice.

Deepankar is a corporate coach and a facilitator who holds a post-graduate diploma in Advertising. After a brief stint in advertising, he realised that people from all professions and classes were essentially struggling with the same questions. Questions, which could not be answered by any textbook or structure but could be explored by each individual in a safe space. He founded Anubhavshala, an open space for sharing of life experiences, dialog, and intergenerational samvaad.



Our Team



Patrica comes with an MBA background from IMT university. After finishing her academics she tested her skills in multinational with six years of experience as a Merchandise Manager. A travel maniac by heart, she was on a solo journey to Europe and East Asia. Patrica comes with a rich understanding of varied cultures and is an easy getter with teenagers and young adults. Her love for animals makes her extra sensitive and in turn, adds another dimension to the program.



Ankit is an enterprising bloke who comes with a vibrant background of art and skill. He is a khoji from Swaraj University and also a playful facilitator. His love for games makes him connect naturally with the audience. Foodie by heart and a butterfly by soul, his love for people and places keeps him always on a go. Ankit adds many colors to the team and brings an earthy and informal way of hosting conversations.

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